



**CANADIAN ACADEMY OF FACIAL PLASTIC AND
RECONSTRUCTIVE SURGERY**
**ACADEMIE CANADIENNE DE CHIRURGIE PLASTIQUE
ET RECONSTRUCTIVE FACIALE**



Facial Plastic & Reconstructive Surgery Update 2019: How I do it...

Saturday, November 2, 2019 7:30 am – 5:00 pm

Li Ka Shing Knowledge Institute, 209 Victoria Street, Toronto

Keenan RC Allan Waters Auditorium

FACIAL INJECTABLE WORKSHOP

Friday, Nov 1, 2019 4:00 pm – 6:00 pm

Face Toronto Cosmetic Surgery

251 Davenport Road, Toronto



**Otolaryngology - Head & Neck Surgery
UNIVERSITY OF TORONTO**



FACIAL PLASTIC & RECONSTRUCTIVE SURGERY

UPDATE 2019: HOW I DO IT...

COURSE DESCRIPTION

This course is designed for the practicing otolaryngologist, plastic surgeon, dermatologist, and oculoplastic surgeon who wishes to enhance his or her knowledge of various topics spanning the different subspecialties of facial plastic surgery including rhinoplasty, facial rejuvenation, otoplasty, and local flap reconstruction. The material will be presented via didactic lectures followed by audience participation in question and answer sessions along with panel discussions on management of interesting cases.

COURSE OBJECTIVES

After active participation in this update meeting, participants will be able to:

- Discuss in depth the current concepts and techniques in aesthetic and reconstructive facial plastic surgery
- Tackle difficult rhinoplasties in both primary and secondary cases with expert guidance
- Accurately select appropriate candidates for aesthetic and reconstructive facial plastic surgery procedures and skin cases
- Understand the relevant anatomy important to the surgical and non-surgical techniques in facial rejuvenation and reconstruction to add predictability and safety to these procedures





Course Directors

Dr. Richard Rival, Lecturer and President of CAFPRS
Dr. Jamil Asaria, Lecturer
Dr. Yvonne Chan, CPD Director and Associate Professor

Planning Committee

Dr. Michael Brandt, Asst. Professor, OHNS
Dr. Julia Carroll, Lecturer, Dermatology, DOM
Dr. Andres Gantous, Assoc. Professor and Division Head, FPRS
Dr. Harmeet Gill, Asst. Professor, Ophthalmology & Vision Science
Dr. Sunita Rai, PGY-5 Resident, OHNS

Course Faculty

Department of Otolaryngology - Head & Neck Surgery University of Toronto

Dr. Peter Adamson, Professor
Dr. Jamil Asaria, Lecturer
Dr. Ashlin Alexander, Lecturer
Dr. Mathew Brace, Lecturer
Dr. Michael Brandt, Asst. Professor
Dr. Andres Gantous, Assoc. Professor
Dr. Richard Rival, Lecturer
Dr. Oakley Smith, Asst. Professor

Course Faculty University of Toronto

Dr. Julia Carroll, Lecturer, Dermatology, DOM
Dr. Harmeet Gill, Asst. Professor, Ophthalmology & Vision Science

Course Faculty

Dr. Kal Ansari
Program Director and Associate Professor
Division of Otolaryngology
University of Alberta

Dr. Victoria Hayward
Staff Surgeon
Southlake Regional Health Centre

Dr. Corey Moore
Associate Professor and Division Chief
Facial Plastic & Reconstructive Surgery
University of Western Ontario

Dr. Mark Taylor
Professor and Interim Division Head
Division of Otolaryngology – Head & Neck Surgery
Dalhousie University

Dr. Kristina Zakhary
Faculty of Medicine
University of Calgary

Dr. Nabil Fanous
Associate Professor
Department of Otolaryngology – Head & Neck Surgery
McGill University

Dr. Rick Jaggi
Adjunct Clinical Professor
Division of Otolaryngology
University of Saskatchewan

Dr. Mark Samaha
Associate Professor
Department of Otolaryngology – Head & Neck Surgery
McGill University

Dr. Jonathan Trites
Associate Professor
Division of Otolaryngology – Head & Neck Surgery
Dalhousie University



07:30	Registration/Welcome Breakfast
07:50	Welcome & Introduction
	Dr. R. Rival and Dr. I. Witterick

Session I: Rhinoplasty

Chair: Dr. A Gantous

08:00 -8:15	Facial Analysis for Rhinoplasty	Dr. K. Zakhary
08:15 -8:30	Open Rhinoplasty: Key Technical Points	Dr. P. Adamson
08:30-8:45	Closed Approach Rhinoplasty: Key Technical Points	Dr. M. Samaha
08:45-9:00	Nasal Fractures and the Deviated Nose	Dr. K. Ansari
09:00-9:15	Q&A	
09:15-9:30	Tip Maneuvers in Rhinoplasty	Dr. C. Moore
09:30-9:45	Dorsal Reduction and Reconstruction	Dr. R. Jaggi
09:45-10:00	Rib Graft in Rhinoplasty: How I do it	Dr. A. Gantous
10:00-10:15	Preservation Rhinoplasty: My Experience So Far	Dr. R. Rival
10:15-10:30	Ultrasonic Rhinoplasty using the Piezo	Dr. O. Smith
10:30-10:45	Q&A	
10:45-11:00	Refreshment	

Session II: Nasal/Facial Reconstruction Panel Discussion and Questions

11:00-11:45	Chair: Dr. M. Brandt	
	Panelists: Dr. K. Ansari, Dr. V. Hayward, Dr. R. Jaggi, Dr. M. Taylor, Dr. J. Trites	
11:45-12:15	C.A.F.P.R.S Lecture of Honour	
	Facial Plastic Surgery: Past, Present and Future	Dr. P. Adamson
12:15-1:00	Lunch with Exhibitors	





Session III: Minimally Invasive Techniques in Facial Rejuvenation & Otoplasty

Chair: Dr. M. Taylor

1:00-1:15 pm	Incisionless Otoplasty: How I do it	Dr. A. Gantous
1:15-1:30	Adding Injectables into Your Existing Practice	Dr. M. Brandt
1:30-1:45	Starting A Facial Aesthetic Practice in 2019	Dr. M. Brace
1:45-2:00	How I Discuss Blindness with my Patients - an Update on Blindness Associated with Fillers	Dr. J. Carroll
2:00-2:15	Q&A	
2:15-2:30	Lips: How I do it	Dr. A. Alexander
2:30-2:45	Tear Troughs: How I do it	Dr. J. Asaria
2:45-3:00	My Approach to Improving the Female Lower Face and Jawline Using Fillers	Dr. J. Carroll
3:00-3:15	Q&A	
3:15-3:30	Refreshment	

Session IV: Facial Rejuvenation Surgery

Chair: Dr. N. Fanous

3:30-3:45 pm	Lower Blepharoplasty: How I do it	Dr. H. Gill
3:45-4:00	Upper Blepharoplasty: How I do it	Dr. M. Taylor
4:00-4:15	Facelift: Deep Plane Technique	Dr. M. Samaha
4:15-4:30	Facelift: My Technique Incorporating Fat Grafting	Dr. J. Asaria
4:30-4:45	Rejuvenation of the Forehead and Brow: My Approach	Dr. N. Fanous
4:45-5:00	Q&A	
5:00 pm	Meeting Adjourn	





FACIAL INJECTABLE WORKSHOP \$200

Friday, Nov 1, 2019 4 – 6 pm

Course Director: Dr. Jamil Asaria

WORKSHOP DESCRIPTION

This workshop is designed for the practicing otolaryngologist who wishes to enhance his or her knowledge in facial rejuvenation. The material will be presented via a didactic lecture on review of critical anatomy and aesthetic goals. This will be followed by presentation of current techniques in facial neuromodulator and filler injection using live demonstrations in a small group setting.

WORKSHOP OBJECTIVES

After active participation in this update meeting,
participants will be able to:

- Discuss the critical anatomy relevant for facial injection
- Present current techniques in facial modulator and facial filler injective for facial rejuvenation
- Review possible complications and their management algorithms





Disclosure

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of the program.

Accreditation

Continuing Professional Development (CPD), Faculty of Medicine, University of Toronto, is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME), a subcommittee of the Committee on Accreditation of Canadian Medical Schools (CACMS). This standard allows CPD to assign credits for educational activities based on the criteria established by The College of Family Physicians of Canada, and the Royal College of Physicians and Surgeons of Canada. As a result of a reciprocal agreement between the Royal College of Physicians and Surgeons of Canada, The American Medical Association, and The European Union for Medical Specialists, CPD is permitted to assign respective credits.

REGISTRATION AND PAYMENT

Please register online at:

<https://facmed.registration.med.utoronto.ca/portal/events/reg/participantTypeSelection.do?method=load&entityId=1743177>

For registration enquiries and cancellations:

facemed.registration@utoronto.ca or 416.978.2719

Fees/Registration:

(Note: Friday workshop fee not included)

Early Bird Registration member and non-member on or before Oct 2/2019

\$125 (plus HST)

Non-member after Oct 2/2019

\$150 (plus HST)

Member after Oct 2/2019

\$140 (plus HST)

Resident/Fellow/Allied Health

\$ 75 (plus HST)

Registration is on a first come, first served basis. Please register early to avoid disappointment. Please do not make travel arrangements until registration confirmation is received. Refunds will not be issued for cancellations received after Oct 2, 2019. A processing fee of \$60.00 will be retained on all cancellations.

Post-dated cheques will not be accepted.

The Department of Otolaryngology-HNS, University of Toronto reserves the right to cancel courses. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for courses cancelled by the department will be refunded; however the department will not be liable for any loss, damages or other expenses that such cancellation may cause.

Accommodation

Please direct your room requirements to the hotel reservations department at the Double Tree Hilton. Their telephone number is 905.977.5000. They are conveniently located in downtown Toronto.

Ask for the University of Toronto rate.

For Further Information:

Audrea Martin, audrea.martin@utoronto.ca, 416.946.8740
or Safia Amin, events.ohns@utoronto.ca, 416.946.8745

